



BONAIRE

YOGA & WELLNESS WEEK

JUNE
17th - 23rd
2024

YOGA & WELLNESS WEEK SCHEDULE

| DATE | TIME | ACTIVITY | LOCATION |
|------------|----------------|------------------------------------|----------------------------|
| 17 JUNE | 5:45 PM | Vinyasa Flow | Smiling Buddha Yoga Studio |
| 17-23 JUNE | - | Various Yoga Practices | Smiling Buddha Yoga Studio |
| 18 JUNE | 6:00 PM | Hatha Yoga | Smiling Buddha Yoga Studio |
| 19 JUNE | 6:00 PM | Breathwork & Meditation | Smiling Buddha Yoga Studio |
| 20 JUNE | 6:45 PM | Hatha Yoga | Blue Classroom |
| 18-20 JUNE | 8:00 AM | Yoga Classes | Delfins Beach Resort |
| 21 JUNE | 5:30 PM | Summer Soltice Celebration | Seru Largu |
| 22 JUNE | 8:00 AM | Yoga Workshop | Delfins Beach Resort |
| 22 JUNE | 9:00 - 9:45 AM | Yoga on the Plaza Beach | Plaza Beach Resort |
| 23 JUNE | Sunday Evening | Yin Yoga and Sound Healing Session | Plaza Beach Resort |

***Schedule is subject to change without prior notice.**

For more information visit: www.BonaireYogaFestival.com